

RIBI District 1260 is pleased to offer an eleven-day multi-cultural exchange.

The programme will take place in the counties just to the north of London. Outdoor activities will be based at a professionally-managed water sports centre. Activities will include an introduction to canoeing / kayaking / raftbuilding / climbing / caving / orienteering / archery / stand-up paddle & fencing.

Equipment: All safety equipment e.g. buoyancy aids / helmets will be provided.

Language: English. For safety reasons, a working knowledge of English is required.

Dates: 10th July to 20th July 2019.

Applicants: Two applicants per country, male or female, preferably one of each - age 15 to 17. Must be under 18 on 20th July 2019.

Accommodation: 1st three nights with Rotarian family then week at a Youth Hostel

<u>Cost to be paid by Applicants:</u> Costs to / from point of arrival in London (preferably London Luton airport),

plus £300 (Sterling) for activities (to be paid in advance) and personal spending money.

<u>Insurance</u>: Participants must bring a personal insurance certificate, covering sickness, accident, theft and third-party risks, in accordance with minimum cover as required by Rotary International.

Please submit application forms to Rotarian Ken Scott at kscott4tax@aol.com

Proposed Itinerary

Wednesday July 10th - guests arrive. Home hospitality until Saturday July 13th - afternoon transfer to youth hostel and settle in Sunday July 14th - day in London, including river trip and shopping. Return late evening Monday / Tuesday / Wednesday 15th - 17th professionally managed activities, as above Thursday July 18th - Full day sightseeing in Cambridge Friday July 19th - local walk, swimming and pub lunch Friday July 19th - evening - final night presentation and farewell party. Saturday July 20th - packing then depart hostel for home.



