

The Amazon is a colossus of forests and rivers that extends through nine countries of South America. Not only diversity in terms of fauna, flora, trees, insects and microorganisms constitutes the Brazilian Amazon, but also of human ways of life, cultural manifestations and techniques of existence in the environment. In this experience you will have the opportunity to act and experience the interconnectedness between these two dimensions, human and non-human, that resides the uniqueness and richness of this biome.

Native style, sleeping on board in authentic hammocks, you will have the chance to feel the essence of the Amazon and the quiet but awesome power of the river.



You will be able to identify and contribute to the social and economic development of the region through ecotourism, fishing, visits to native communities and indigenous tribe, six days of humanitarian service in three typical Amazonian communities and a tree planting project.





The rainforest is a place that is at once mysterious and complex, fascinating and compelling and incredibly giving and benevolent. The medicinal complexity found within the Amazon transcends our imagination. The abundance of plants and trees in the jungle are as extensive as other entire countries.



With the other participants you will have the opportunity to provide medical care in the communities give prevention and awareness lectures to vulnerable populations and provide assistance according to your specialty



AUGUST 1st-SATURDAY

Flight to Manaus

Upon Arrival at the airport we will have a transfer to the hotel

Overnight at Hotel Tropical Executive



AUGUST 2nd-SUNDAY

Breakfast

Cultural tour passing by Ponta Negra neighborhood, Amazon Theater (Opera House), Justice Palace, Port of Manaus, Negro River Palace

Lunch (not included)

Departure to Presidente Figueiredo in our special bus, traveling through the middle of the Amazon forest

After check-in, time for trekking in the forest until the Maroaga's Refuge Cave (a place where the Indians used to hide and also a research area. The return will be in the evening and the walk gets even more exciting because of the nocturnal animals and insects noises of the Amazon!

Dinner (included)

Folkloric show at the hotel

AUGUST 3rd- MONDAY

Breakfast

Visit to the Sanctuary Waterfall, where you can swim.

Departure to Manaus, going straight to the Floating Port on Negro River, where we will board one of the Amazon regional boats to begin our boat expedition in the Amazon Jungle on the rivers Amazonas and Negro.

Lunch served on the boat's main terrace

Visit to the Meeting of the Waters (Negro River and Solimões River forming the Amazon River)

With our native guide you will have time to learn about the characteristics of the Amazonian communities and to organize the social and medical service over the next six days. You will learn a little more about the real vulnerabilities, needs, and culture of the people you will serve and bring your expertise. The service will be divided into two days for each of the three communities visited.

Visit to the Janauary Ecologic Reserve

Dinner

We will spend the night on the boat sleeping in authentic hammocks like the native indians, getting to know the soul of the forest.





AUGUST 4th- TUESDAY

Breakfast

Visit the Casa da Farinha where we will accompany the entire manufacturing process of flour and tapioca. Also we will do some sportive fishing of Amazonian fish, including the famous Amazonian piranhas

Lunch

We will navigate the lakes formed in the "Acajatuba" area where we'll visit a typical Amazon native's house. We will start our first day of medical care and assistance in a beautiful community of "caboclos" (natives from the Amazon) called Nossa Senhora Perpétuo Socorro- time to service and experience a little of the every-day-life of these people.

Dinner



AUGUST 5th- WEDNESDAY

Breakfast

Visit to an Indian tribe with time to experience the day by day of this people from the Amazon

Lunch

Second afternoon of social and medical service in the Nossa Senhora Perpétuo Socorro community

On board our motorized canoes, we will float on the igarapés to go alligator night spotting

Dinner on the boat, in the heart of the jungle, under the Amazon sky!

• AUGUST 6th- THURSDAY

Breakfast

We will navigate until the place where you can see and swim with the Pink Dolphins of the Amazon.

Regional lunch will be served at the boat's deck

This afternoon we will visit another "Amazonas" community in São Tomé and start a new stage providing social and medical service to an authentic community of native jungle people. Find out one of the most important reasons for this preservation.

Dinner

After this, a nice chat about the legends of the region, including the Pink Dolphin and the Amazonian indian tribes.





• AUGUST 7th- FRIDAY

Breakfast watching the amazing sunrise

We will throw our canoes in the water and float into the "igapós" (flooded forest) accompanied by professional and specialized jungle guides, exploring the true and legendary "Rain forest".

Lunch on the boat

Community service in São Tomé

Dinner



• AUGUST 8th- SATURDAY

Breakfast

This morning you will contribute to the Belo Brasil Carbon Zero project planting 10 trees per person in a deforested area.

Lunch

Time to go to the third typical amazonian community, the Bela Vista do Jaraqui. You will know the special needs of the Riparian people or "ribeirinha", the traditional inhabitant of the river banks. We will provide care to this people who live from the conditions offered by nature itself, adapting to the rainy periods.

Dinner

• AUGUST 9th- SUNDAY

Breakfast

Second and last day of treatment at Bela Vista do Jaraqui community

Lunch

Navigate down the Rio Negro until Manaus.

Departure to the airport.





- 01 night at a hotel in Manaus including breakfast buffet style;
- 01 night at the lodge in Presidente Figueiredo -including breakfast buffet style;
- 05 nights on an Amazon regional boat, sleeping on hammocks, including breakfast buffet style;
- Free mineral water during the boat expedition and at the Presidente Figueiredo lodge – 24 hours a day;
- Breakfast, Lunch and dinner all days (except lunch on the days in Manaus) Meals
 with international menu and local Amazonian gastronomy, buffet style, including
 soft drink or water in each meal.
- Transfer in/out in Manaus and Presidente Figueiredo by tourist bus with air conditioning within the schedule stablished by the program;
- Cultural City tour in Manaus with a cultural guide;
- Folkloric show in President Figueiredo;
- 09 expeditions in motorized canoes inside iguapós and igarapés in the Negro River with professional regional jungle guides;
- Medical, biological and humaniatrian service to three differents amazonian communities;
- Piranha sportive fishing;
- Alligator's and other animals' night spotting;
- Expedition to the Ecological Reserve of Janauary;
- Expedition to the Anavilhanas Archipelago; Trekkings, medium and high levels, in trails inside the Amazon Forest:
- Project Carbon Zero;



- Exclusive: visit to the tribe of the "Dessana Tukana" indians tribe;
- Tour to go swimming with the pink dolphins;
- Visit to the Tapioca and Açaí House, with demonstration of the manufacturing process of manioc flour and tapioca;
- Stand-up paddle, kayak, banana boat avalaible;
- Belo Brasil Tours coordinator and monitor;
- Emergency first aid attention and speed boat;

PRICE

U\$1.650,00 + flight tickets

Payment Method: credit card or international transfer

Contact: intercambio@belobrasil.com.br



IMPORTANT INFORMATION AND HINTS

- You need Yellow Fever vaccine taken at least 10 days prior to departure.
- There is no vaccine against Malaria, but in some countries doctors recommend taking prophylactic pills. We recommend talking to your doctor regarding this issue before the trip and use repellents.
- If you have any diet restriction, please let us know
- During the boat trip there is no cell phone or Wi-Fi signal!
- The luggage allowance permitted by the airlines in Brazil is one checked luggage up to 23kg.
- Inside the aiplane one piece of hand luggage up to 10kg.
- You can leave your extra luggage in the hotel in Manaus or you can take it with you to the boat. There will be enough space to accommodate it.
- All materials needed for community health care are the responsibility of the participant.
- There is electricity on the boat (110 volts), which means you can recharge your laptops, cell
- phones, cameras, etc.
- You can choose to sleep in a hammock or on a mattress on the floor with bed sheets and pillow.
- Bring light and simple clothes but also bring a light cold blouse and a "sweatshirt" because sometimes, when it rains at night, it makes a cold breeze.
- Bring flip flops sandals. It will be your most used footwear in the expedition. Also bring an old tennis to use on walks and tracks if necessary.
- At the community and in the Indian tribe, if you want to buy some crafts, cash only.
- Bring repellent but remember that inside the boat there is no mosquito due to the acid water from the Negro River.
- There will be a canoe with a pilot to take you to all activities outside the boat and an also an emergency speed boat
- No need to bring bath towel. We have on the boat.
- Remember to bring swimsuits as you can swim in the river.