



YEP 2016

Rotary Club Bistrita Nosa

YOUTH EXCHANGE PROGRAM Summer camp

Country / CLUB ROMANIA / RC BISTRITA NOSA DISTRICT 2241

"INTERNATIONAL VOLUNTEER CAMP"

MOTTO Volunteering and environment training camp

PROGRAM See appendix

Participants: 15 youngsters, one from each country

Age 15-18 years old Language English, fluent

Accomodation In mountain cottages in Tasuleasa, boys and girls separately.

Food Romanian and European dishes. Vegetarian menus can be served upon request

Costs/fees 150 euro / person / camp

The fee shall be paid into the account: RO21 BTRL 0060 2205 L956 63XX

Banca Transilvania Bistrita, SWIFT: BTRL022 RO22 BNA

Rotary Club Bistrita Nosa

Insurance Participants will benefit from a health and incident insurance while they are in the

Camp; the insurance is provided by Tasuleasa Social, the partner in this program.

Participants are advised to have their own health and accidents insurance, luggage loss insurance and social liability insurance that will cover the

travel time, before and after the camp, according with Rotary

International regulation;

Arrival Cluj Napoca – July 24, 2016 Departure Cluj Napoca – July 31, 2016

Terms/requirements Good health and

for participation Good physical condition;

Individual Mounteneering equipment: mountain boots (not fancy shoes), jackets, warm

equipment clothes, caps, rain coat, sleeping bag, backpack, lantern

Obs Participants shall carry a day's food and clothing on the mountain, and a part of the

common equipment (primus, fuel, etc)

Applicant To be made before May 31, 2016

registration

Contact Raluca Hoza, +40 743 120 660, e-mail: hozaraluca@yahoo.com

Program

Day 1, Sunday, July, 24. - Arrival on Cluj Napoca airport; participants shall be taken from the airport by members of the Rotary Bistrita Nosa club and they shall be transported by car to the camp in Tasuleasa (http://tasuleasasocial.ro), in Piatra Fantanele, near the Tihuta pass, (approx. distance from Cluj 165 km, which would take around 2 h and 30 min, including a break); accomodation, entertainment, dinner

NOTE: During the same time, the camp will also host another 10 Romanian participants of the same age, from the counties Bistrita Nasaud, Suceava and Botosani

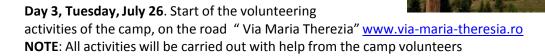


Day 2, Monday, July 25. Presentation of the Tasuleasa organization, its projects and the camp rules; There will be discussions about volunteering and environmental concerns of the Association, and and

introduction to various educational games on environmental issues; Games will be followed by a walk on Mount Tasuleasa, (by foot) in order to promote walking and mountain stories about nature and its beauty; in the evening projections of animations and videos made by a Tasuleasa volunteer

NOTE: activities will be run by local volunteers, some of the members of INTERACT Club Bistrita.

- socialization activities, entertaining, games



Day 4, Wednesday, July 27 Continuing volunteering activities on the road Via Maria Theresia

In the second part of the day, participants will be taken in a tour to visit the town of Bistrita, accompanied by a tourist guide; in the evening participants will take part in the Rotary Bistrita Nosa meeting, followed by a dinner with the Rotarians.

Note: At the tour in Bistrita and the RC meeting, particopants will be accompanied by members of INTERACT Bistrita.

Day 5, Thursday, July 28 Participants will begin to visit and discover "*The Pedagogical Forest*" in the Tasuleasa camp.



Day 6, Friday, July 29.

- Participants will continue to visit and discover "The Pedagogical Forest" in the Tasuleasa camp.

- socialization activities, entertaining, games

Day 7, Saturday, July 30

Theme of the day: "What is a national park and what are its functions?" – Trip to the National Park "Rodnei Mountains" / "Calimani Mountains"

NOTE: Mountain guide, participation of mountain rangers

Day 8, Sunday, July 31.

Breakfast and departure to Cluj Napoca, according to the flight schedule.

NOTE: transportation will be provided by Rotarians, by cars or by bus.

The above program may undergo changes according to the wishes of the participants and of course the weather conditions which may aggravate or alleviate or even may reschedule activities.

Logistics:

Person in charge from the District 2241:VIOREL BRAD.....

Person(s) in charge on behalf of the RC Bistrita-Nosa

- President Rotary Club Bistrita Nosa, Alin Morutan
- Past president Rotary Club Bistrita Nosa, Marsineta Vaida
- Secretary 2015/2016 Rotary Club Bistrita Nosa, Raluca Hoza

Camp coordinator:

- Alin Uhlmann Useriu – chairman of Tasuleasa Social

Transportation:

- 1) Cluj Napoca Bistrita: RC members with their personal vehicles or minibus, according to flight schedule;
 - 2) Bistrita- Tasuleasa: by minibus, provided by the Rotary Club Bistrita Nosa
 - 3) Bistrita Cluj Napoca: RC members with their personal vehicles or minibus